**SAMPLE LETTER TO THE U.S. HOUSE REPRENTATIVES**

[your name and home address at the top of your letter]

[date]

The Honorable [representative’s full name]

United States House of Representatives

Washington, DC 20515

Dear Representative [or Mr./Mrs./Ms./Dr.] [Representative’s last name]:

As a voter in [State] Congressional District [number], I am gravely concerned by the military coup which occurred on February 1, 2021 in Myanmar (Burma). It has been appalling to see over 800 civilians protestors fighting for democracy and justice killed with an average age of 17 years old. Burma has suffered under civil war for the last 70 years, and the brutality of military rule must stop. I ask for your immediate action to:

* Recognize the democratically elected leaders and release the political detainees.
* Request that the U.S. Government cooperate with member nations of the United Nations and ask the formation of a UN Security Council resolution under Chapter VII of the UN Charter, while also launching diplomatic conversations with China to prevent a blocking of this resolution from the U.N.
* Continue the sanctionsupon the business sector and military leaders in cooperation with other countries focused
* Provide protected status to embassy staff members supporting the CDM (Civil Disobedience Movement).
* Recognize the NUG (National Unity Government) of Myanmar and the CRPH (Committee Representing Pyidaungsu Hluttaw).
* Provide humanitarian aid for the people of Myanmar and “Internally Displaced Persons”.

By 2017, a total of 140,000 refugees had come to the United States from Burma, forced and pushed out by the junta. Any effort to stop history from repeating itself is a road to human dignity and an assurance of democracy and freedom.

Sincerely,

[Signature]

**SAMPLE LETTER TO THE U.S. SENATORS**

[your name and home address at the top of your letter]

[date]

The Honorable [Senator’s full name]

United States Senate

Washington, DC 20510

Dear Senator (Senator’s last name):

As a voter in the State of [State], I am gravely concerned by the military coup which occurred on February 1st in Myanmar (Burma). It has been appalling to see civilians as young as 17 years old being shot while fighting for democracy and justice. Burma has suffered under civil war for the last 70 years, and the brutality of military rule must stop. I ask for your immediate action to:

* Recognize the democratically elected leaders and release the political detainees.
* Request that the U.S. Government cooperate with member nations of the United Nations and ask the formation of a UN Security Council resolution under Chapter VII of the UN Charter, while also launching diplomatic conversations with China to prevent a blocking of this resolution from the U.N.
* Continue the sanctionsupon the business sector and military leaders in cooperation with other countries focused
* Provide protected status to embassy staff members supporting the CDM (Civil Disobedience Movement).
* Recognize the CRPH (Committee Representing Pyidaungsu Hluttaw) and the NUG (National Unity Government) of Myanmar.
* Provide humanitarian aid for the people of Myanmar and “Internally Displaced Persons”.

By 2017, a total of 140,000 refugees had come to the United States from Burma, forced and pushed out by the junta. Any effort to stop history from repeating itself is a road to human dignity and an assurance of democracy and freedom.

Sincerely,

[Signature]